

Steps to Set-up Patient Portal

1. Patient receives an e-mail titled "FollowMyHealth - Invitation to join Lung Associates of Sarasota". Open this e-mail. Click "Click Here" to begin the registration process.



Congratulations on joining the new generation of patients who are taking a proactive role in managing their health care with FollowMyHealth. [Click Here](#) to begin the registration process.

#1 Choose a login method on the registration screen. Use one of the IDs you already have for Google, Yahoo, Facebook you will be prompted to create a Google account for a login.

#2 Accept the agreement to share your email/username. This is solely for the purpose of authenticating your online health record.

#3 Enter your Invitation Code. This is the last four digits of your social security number or number provided by clinic. Once you have entered the code, you will be ready to access and manage your personal health record in a secure online environment 24 hours a day / 7 days a week.

Don't forget – with FollowMyHealth you can review your medical information...update your demographic data...connect with your providers...request prescription refills and so much more!

Thank you for signing up to use FollowMyHealth!

Sincerely,
Your FollowMyHealth team

2. Click "Create an Account". Pop-up appears. Click "FMH" icon.



3. Pop-up appears titled "Create Your FMH Secure Login". Create a username and password. Password needs 8 characters minimum with one numeric and one symbol. Write username and password down. FollowMyHealth and Lung Associates don't have access to password if forgotten. Enter your e-mail address & click "Continue".

FMH

Create Your FMH Secure Login

Already have a FMH Secure Account? [Click Here to log in](#)

Create Your Username
Username must begin with a letter and may not contain spaces or special characters

Create Your Password
Password should be at least 8 characters in length, and include at least one numeric and one special character, such as: !@#%*^&*{

Confirm Password

Enter your valid email address below. This is where we will send future communications regarding your FMH Secure Login account, including resetting forgotten passwords.

Email

Confirm Email

Continue

4. Pop-up appears prompting agreement acceptance. Click "Accept" and follow prompts. During the process, an invitation code will be requested. This code is the last four digits of your social security number.
5. To confirm account link is correct, a pop-up will show files transferring from a building to a file. Once this process is completed, you will see a "Home" page. Take the time to view "First Walk Through" tutorial.
6. To complete set-up, send an e-mail to your physician to confirm the connection. Email can be sent from "Inbox".