



## Lung Associates of Sarasota Follow My Health Patient Portal

A patient portal is a web-based pathway that gives existing patients access to a secure, convenient way to manage their personal health care information at Lung Associates of Sarasota.

### How Can the Portal Help Me?

The patient portal allows you to view, track, and update your medical record.

Request appointments and prescription refills

Communicate non-urgent messages

### How Do I Start?

1. Invitation E-mail - Let the staff know your email address and you will receive a portal invitation. You will also be informed of your security code to set up your user name and password. If you do not get the email, check your junk or spam folder. In the email will be a link to the Follow My Health Portal. Keep the email open until you are completely registered. This link ties and transmits your medical health record to the new portal account.
2. Lung Associates Website – If you go to our website at [www.lung-associates.com](http://www.lung-associates.com), you will find a link to register for the portal.

### Follow My Health Requirements:

Supported browsers: Internet Explorer 8.0 or higher, Modern versions of Chrome, Firefox, and Safari.

Welcome to a new way of keeping track of your health status at Lung Associates of Sarasota!

